

**Grade 1****Demonstrate:** (with coach or partner)

1. The grip
2. The salute
3. The on guard
4. Steps forward and backward
5. The lunge and recovery
6. Direct attack with lunge to hand, arm, and body
7. Opposition hitting in sixte and quarte as attacks and in defence

**Describe:**

1. How to use your epee safely
2. How to fence safely
3. The target area
4. The principles of fencing with the epee
5. Fencing etiquette

**Grade 2****Demonstrate:** (with coach or partner)**While following your partner's steps forward and backward:**

1. Maintain fencing line
2. Maintain correct distances and each time your partner pauses:
  - Hit to arm with a short lunge
  - Hit to body with a full lunge
3. Maintain correct distance and each time your partner pauses, hit to arm with a short lunge and continue immediately with an opposition attack to body with a full lunge

**From a stationary position:**

4. Engagements in sixte, quarte and octave and changes of engagements
5. Disengage attack with lunge to hand, arm, and body on partner's:-
  - Engagement in sixte
  - Engagement in quarte
6. Circular parries in sixte and quarte with opposition riposte
7. A remise to body following:
  - Attack to arm
  - Riposte to arm

**Describe:**

1. Courteous and respectful behaviour and fencers "Pledge of Honour" (cf. t.84)
2. Parts of the epee
3. Dimensions of the piste

**Grade 3****Demonstrate:** (with coach or partner)**While following your partner's steps forward and backward:**

1. Maintain correct distance and each time your partner pauses, make a false attack to arm with a half lunge and then attack to body with opposition and a full lunge
2. Maintain correct distance and each time your partner attacks to body with a step lunge counter-attack to arm and follow with circular parry and opposition riposte
3. Direct attack to body with full lunge on one of your partner's steps forward
4. Disengage attack to arm or body as your partner attempts to engage in sixte or quarte

**From a stationary position:**

5. Semi-circular parry to octave with:-
  - Opposition riposte
  - Detached riposte
6. Opposition attacks and counter-attacks in octave
7. Beats and change beats in sixte, quarte, septime, and octave
8. A redoublement to body following:
  - Attack to arm
  - Riposte to arm

**Describe:**

1. Simple actions in opposition and detachment
2. Remise and redoublement
3. Rules regarding the boundaries of the piste
4. Double hits, scoring and timekeeping
5. Duties of referee and floor judges

**Grade 4****Demonstrate:** (with coach or partner)**While following your partner's steps forward and backward:**

1. When your partner attacks to body with a lunge, counter-attack with:-
  - Opposition in sixte
  - Opposition in octave
2. Maintain step-lunge distance and each time your partner attacks to body with a step-lunge, Counter-attack to arm and follow this with a parry to octave and riposte in opposition
3. Maintain correct distance and when your partner pauses, Attack to arm with a beat direct with lunge; continue with a redoublement to arm whilst recovering each time your partner parries with a step forward
4. Maintain correct distance and when your partner pauses:
  - Attack to arm with a beat disengage
  - Attack to body with a beat disengage

**From a stationary position:**

5. One-two and double compound attacks to arm and body
6. Parry of quarte with opposition riposte

**Describe:**

1. Scoring on a pool sheet: first and second indicators
2. Simple and compound attacks
3. Electrical recording apparatus
4. Fencers electric equipment
5. Test weight and gauges
6. Testing the electric equipment before the start of a bout
7. Rules regarding faults in a fencer's equipment before and during a bout

**Grade 5****Demonstrate:** (with coach or partner)**While following your partner's steps forward and backward:**

1. Attack to your partner's arm with:-
  - One-two with lunge
  - Double with lunge
2. Maintain correct distance and step forward with a feint to arm then:-
  - Deceive your partner's parry of quarte and lunge to body finishing in opposition
  - Deceive your partner's parry of sixte and lunge to body finishing in opposition
3. Maintain correct distance and when your partner pauses, step forward to engage blades in sixte, quarte, octave then:-
  - Attack to arm with direct and indirect attacks
  - Attack to body with direct and indirect attacks

**From a Stationary Position:**

4. Successive parries
5. Hits with angulation
6. Direct attack to body with fleche
7. Attacks and ripostes using a bind and a croise

**Describe:**

1. Second-intention actions
2. How the electric epee works and how to correct errors in the travel and compression springs

**Demonstrate**

3. Referee hand signals for a normal epee bout

**Grade 6****Demonstrate:** (with coach or partner)**While following your partner's steps forward and backward:**

1. Angulated hits around your partner's wrist
2. Maintain correct distance and choose the moment for a direct attack to body with fleche
3. Defend against your partner's compound attacks using successive parries with opposition ripostes
4. Maintain step-lunge distance and step forward to draw your partner's hit to arm and attack to body using a bind

**From a stationary position:**

5. Attacks and ripostes using envelopment
6. Direct and indirect renewals using reprises with lunge and fleche
7. Actions with rassemblement

**Describe:**

1. Counter-time actions
2. Tactical use of corps-a-corps
3. Use of preparations

**Demonstrate**

4. Referee a fight for 5 hits correctly using hand signals