

ATHLETE REPRESENTATIVE ROLE DESCRIPTION

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Produced in collaboration with the British Athletes Commission

1. OVERVIEW

Athlete Representation is a mechanism for athletes to communicate their views and opinions to their National Governing Body (NGB). An Athlete Representative (AR) is a spokesperson for athletes in their sport's community. They will listen to the views of others and communicate these views to their sports organisation.

2. BENEFITS OF BEING AN AR

- You can influence and be involved in the decision-making processes in your sport that will impact on you, your colleagues and future athletes entering the sport on the Talent Pathway
- Being an AR will give you responsibilities that will help you to develop important life skills such as leadership, teamwork and communication
- Being an AR will enhance your CV giving evidence of proven experiences that will be attractive to potential employers
- As an AR you will be part of wider AR Network and there will be opportunities for shared learning across sports.
- Athlete Rep training and development will be provided by the BAC

3. RESPONSIBILITIES OF BEING AN AR

- Represent the rights and interests of the athletes in your sport
- Engage with all the athletes on the Programme.
- Establish a means of seeking athlete's opinions
- Establish a means of consulting with other Athlete Rep's via a private channel of communication
- Aspire to be a mentor, a leader and a role model for your sport
- Introduce yourself and explain your role to all athletes once appointed, and to new athletes who are selected for Senior GBR squads.
- Unless the athlete has given permission, opinions of athletes to be fed back anonymously to the Senior Leadership Team
- Provide feedback to the Senior Leadership Team on both positive aspects and issues or concerns

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- Report formally to the board at least twice a year through production of a report and/or in person presentation
- Attend BAC AR Induction Training and CPD opportunities to support you to be an effective Athlete Rep
- Signpost athletes to the British Athletes Commission (BAC) as appropriate

4. SKILLS THAT MAKE A GREAT ATHLETE REPRESENTATIVE

- Effective communication, both written and verbal. AR's are asked to talk to individuals and small groups, including Senior Leadership Team and fellow athletes
- Trustworthy and respected, with the ability to maintain confidentiality about sensitive matters
- Strong organisational skills, the ability to plan and organise meetings
- Commitment to the role, passionate about athlete welfare and the continuous improvement of high performance sport
- Good at working with others

5. SUPPORT FROM THE BAC

- On-going support from the BAC, offering guidance and advice to you, your NGB and the other athletes on your programme
- Support your NGB with the Athlete Representation process, including the athlete nomination and election process
- You will be sent the BAC Athlete Representative Handbook which will offer advice, top tips from current AR's and important contact information
- You will be required to attend Athlete Rep Induction Training which will support you to be an effective Athlete Rep
- You will be invited to attend BAC Athlete Representative Training days and CPD training throughout the year to develop your skill set
- You will be inducted into the BAC Athlete Representative Network. This will enable you to engage with other ARs across different sports and there will be opportunities for shared learning
- A dedicated full time BAC Athlete Representative Manager who will be a confidential listening ear to discuss your requirements and challenges as an AR

6. MORE INFORMATION

If you require any further information please email caitlin@britishathletes.org or contact 07739516069

AR Role Description



Version History (can be placed at end)

Version Number	Date Updated	Updated by	Comments
v1.0			Final version agreed between BAC & BF