

# FENCING ACTIVITY- RESTRICTIONS BY TIER - ENGLAND DECEMBER 2020

Last Updated: 3<sup>rd</sup> December 2020

A three-tier system of restrictions is now in place to counter the steep rise in coronavirus (Covid-19) cases.

There are different restrictions, depending on what alert tier an area is in: Medium (tier 1), High (tier 2), Very high (tier 3). To find out what alert tier your area is in, [click here and enter your postcode](#).

The table below summarises the restrictions for each tier of COVID alert levels in England.

Local authorities and venues may impose additional restrictions. Therefore, in line with the latest government guidance and the introduction of the 3 local COVID alert levels we advise you continue to and follow these steps **before engaging with fencing**:

CHECK – BEFORE FENCING			
Your local COVID alert level <a href="#">here</a>	Your venue guidance	BF guidance <a href="#">here</a>	Your health

**U18 & Es** = U18s and other Exemptions - these exemptions currently include:

- Supervised sport and physical activity for under-18s **including those who were under 18 on 31 August 2020**.
- Sport as part of the curriculum in education - **does not cover extra-curricular sport (eg playing for a college team)**, is not available to community clubs/volunteers and any use of any education exemption by athletes or coaches should be agreed with and used under the remit of the appropriate educational institution.
- Activities for disabled people
- Elite sport that follows the [government's elite sport guidance](#). BF is currently piloting an Elite Training Environment to support athletes training for Tokyo Olympic Games. Outside of this UK Sport funded activity/environment, no elite exemptions exist.

**'Adapted'** – The BF guidelines set out the current adaptations and measures that should be in place for any of these activities. These include adaptations to lengths of bouts, types of moves permitted, equipment, hygiene measures and so on.

**'Supervision'** - In all tiers, parent/guardian supervision is permitted (to a maximum of one per fencer), subject to restrictions on space, social distancing and mixing. All affiliated clubs should have welfare officers or equivalent in place in line with existing (pre-COVID) policies.

## Summary of Tiered Restrictions for Indoor Fencing - Quick Guide v2.0



Activity Type	Tier 1 – Medium	Tier 2 – High	Tier 3 – Very High
<b>Indoor: Adapted Footwork, individual exercises classes</b>	Yes, socially distanced. Classes can continue in larger numbers by participants must be in separate groups of 6 that do not mix.	U18 & Es -> socially distanced  18 & over - As part of a controlled class, strict social distancing with no interaction between/mixing of households/support bubble	U18 & Es -> socially distanced  18 & over -> Group activity/classes not permitted indoors unless all participants are from the same household or support bubble.
<b>Indoor: Adapted sparring, pairs work, group coaching</b>	U18 & Es -> groups of 15  18 and over -> groups of 6	U18 & Es -> groups of 15  18 and over -> household groups/support bubbles only	U18 & Es -> groups of 15  18 and over -> household groups/support bubbles only
<b>Indoor 1:1 Adapted Lessons with registered coach</b>	Yes, coaches can give lessons to only 1 group per session.	U18 & Es -> Yes, coaches can give 1:1 lessons within 1 group (max 15) per session.  <i>18 and over -&gt; Yes, 1:1, no mixing between people from different households or support bubbles.</i>	U18 & Es -> Yes, coaches can give 1:1 lessons within 1 group (max 15) per session.  <i>18 and over -&gt; Yes, 1:1, no mixing between people from different households or support bubbles</i>
<b>Competition</b>	No	No	No
<b>Travel to Fencing (Participants)</b>	Yes (to Tier 1 or Tier 2 locations)  Travel to Tier 3 only to enable fencing activity for U18s & Es.	Yes (to Tier 1 or Tier 2 locations)  Travel to Tier 3 only to enable fencing activity for U18s & Es.	No travel in or out of Tier 3 areas other than where necessary to enable fencing activity for U18s & Es.
<b>Travel to Fencing (Coaches)</b>	Yes (to any Tier)  No home visits in Tier 3.	Yes (to any Tier)  No home visits in Tier 3.	Yes (to any Tier)  No home visits in Tier 3.
<b>Spectating</b>	Minimised and avoided where possible. Groups of up to 6.	No	No
<b>Coach Education</b>	Yes (groups of 6)	National Governing Body Coaching Courses	National Governing Body Coaching Courses