

RETURN TO FENCING - ROADMAP GUIDELINES FOR CLUBS AND MEMBERS - FENCING IN ENGLAND **STEP 4**

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1. INTRODUCTION

This document lays out the measures that should be taken by fencers, clubs, officials, volunteers, coaches, and spectators before, during and after all recreational fencing activity as well as specific advice relating to clubs, coaches, lessons and sparring.

It applies to fencing activity from 19th July 2021 in England delivered by affiliated clubs and registered coaches to members of British Fencing.

Any resumption of and ongoing participation in fencing activity in England is at all times governed by

1. Government Legislation & [Guidelines](#) (this includes Public Health England)
2. The Government's Roadmap for easing of Lockdown Restrictions as set out [here](#).
3. Venue Specific Rules (includes use of changing rooms, movement/volume of people, hygiene protocols)
4. British Fencing Guidelines including Fencing Specific Adaptations.

This document refers to current UK Government and Sport England guidance for England available as of 19th July 2021. It is subject to change in response to the current COVID-19 Alert Level, community prevalence of COVID-19 and/or to reflect additional or updated UK Government guidance.

Note: This document has been re-structured to align with the Principles set-out within the Government guidance. Text will only be marked in yellow if it has been significantly updated (rather than moved from one section to another). It is expected that the further government advice may be provided in the week starting 19th July and updates to this document may follow.

2. SUMMARY - INDOOR & OUTDOOR FENCING

This document describes the measures that should be put in place where fencing is permitted. Whether or not an activity is permitted, how many households can participate and whether people can travel to these activities is dictated by government guidance.

BF have published a guide to the Roadmap Step restrictions in England [here](#) and the latest status for other Home Nations can be found [here](#). Before engaging in or providing any activity you must check to see which restrictions apply.

The government has set out the following key priorities for sports providers in England which includes clubs and coaches:

- Complete a health and safety risk assessment that includes risks from COVID-19
- Turn people with COVID-19 symptoms away
- Provide adequate ventilation
- Clean more often
- Enable people to check in at your venue
- Communicate and train.

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In relation to fencing:

- All fencing activity is subject to a full risk assessment being in place and clubs must appoint COVID Officers whose responsibilities include communicating and training the risk mitigation measures laid out in the risk assessment.
- Group sizes must be managed according to the venue guidelines and in light of your risk assessment which should consider factors such as avoiding close contact (standing within 1m) and (for indoor fencing) ventilation.
- It is recommended that individuals should avoid standing within 1m of each other when not participating in the activity of fencing to reduce the risk of transmission.
- Fencing activities (including 1:1 lessons, pairs work and sparring) are subject to adaptations and additional measures to reduce risk. This document lays out these adaptations (see below).
- There are equipment guidelines in place for use of fencing equipment (see below and [here](#)).
- Additional venue specific restrictions may be in place and you will be responsible for ensuring you adhere to these.

2.1 FENCING ACTIVITIES IN EDUCATION SETTINGS

- Clubs or coaches delivering fencing activities into schools or education settings (e.g. as part of curriculum or after school child-care) must comply with the relevant school risk assessment and [Department of Education guidance](#).
- Clubs or coaches delivering out-of-school activities for children should also consult the [DfE guidance on Protective measures for out-of-school settings](#), which sets out the further practical steps providers of community activities, holiday clubs, after-school clubs, tuition and other out-of-school provision for children should follow to minimise the risk of transmission for children attending their settings.

2.2 SUMMARY ROADMAP STEP FOUR ACTIVITY GUIDE

‘Adapted’ – The BF guidelines set out the current adaptations and measures that should be in place for any of these activities. These include adaptations to lengths of bouts, types of moves permitted, equipment, hygiene measures and so on.

‘Supervision’ - In all steps, parent/guardian supervision for safeguarding purposes is permitted if necessary (to a maximum of one per fencer), subject to any restrictions on space, social distancing and mixing. All affiliated clubs delivering community activities to children must (unless parents/guardians are present) have a welfare officer or equivalent present (this should not be the coach).

Activity Type	Step 3. Indoor (for reference, from 17 th May)	Step 4. from 19 th July
Adapted Footwork, individual exercises classes	Individual indoor activity permitted. No group size limit – capacity caps exist for indoor venue spaces (every person in the space counts irrespective of role) No age restrictions	Individual indoor activity permitted. No group size or capacity cap limits in place (individual venues and clubs may have restrictions in place for enclosed areas as part of their own guidance/risk mitigation protocols) No age restrictions
Adapted sparring, pairs work, group coaching	No group size limit – capacity caps exist for indoor venue spaces (every person in the space counts irrespective of role) No age restrictions – U18s and adults can fence each other	As above
1:1 Adapted Lessons with registered coach	Yes, coaches can give lessons to anyone (no requirement to restrict to a group/bubble)	Yes, coaches can give lessons to anyone (no requirement to restrict to a group/bubble)
Travel to Fencing (All Participants)	Yes, car sharing permitted following the government guidance for safer travel . Overnight stays for sport and physical activity is permitted in line with social contact rules (i.e. ‘rule of six’/two households).	Yes, unrestricted travel for sport is permitted, with recommendations and expectations in relation to hygiene and face coverings. Further information can be found on the government’s guidance for safer travel page .

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Activity Type	Step 3. Indoor (for reference, from 17 th May)	Step 4. from 19 th July
GB League Sessions	Yes	Yes
Competitions	BF licensed competition only, in line with published BF guidance for event organisers.	BF licensed competitions in line with published BF guidance for event organisers.
Spectating	Yes - the total number of all participants, coaches, officials and spectators must be aligned with the maximum occupancy permitted by the venue. Social distancing must be maintained between household groups.	Yes – there are no legal limits however venues, clubs and event organisers may implement their own guidance for enclosed spaces.
Coach Education	Yes	Yes
Other adaptations	<p>Sparring Limits</p> <p>No corps a corps, no handshakes</p> <p>Face coverings not required whilst fencing.</p> <p>Club/Community Fencing:</p> <p>Fleching/Close quarter moves subject to risk assessment</p> <p>In the absence of face coverings, mask liners recommended for 11+ fencing in community setting.</p> <p>Licensed Competitive Events:</p> <p>Fleching/Close quarter moves permitted</p>	<p>No time/hit limits</p> <p>No handshakes/elbow touches</p> <p>Face coverings not required, but strongly recommended for indoors settings whilst not exercising.</p> <p>Club/Community Fencing:</p> <p>Fleching/Close quarter moves and corp a corp subject to standard safety/competency risk assessment</p> <p>Licensed Competitive Events:</p> <p>Fleching/Close quarter moves permitted</p>

3. OFF-PISTE ACTIVITY

Clubs and coaches should continue to put in place measures to limit transmission risk from off-field activity **which should be noted in the club risk assessments**, including:

- Limit the time spent congregating at a venue before, during and after activity.
- **Use of changing rooms and shower facilities.** From 19th July, all sport facilities can reopen including the use of changing rooms and toilet facilities. Venues may however put some restrictions in place for enclosed areas.
- Adhere to **equipment protocols** as detailed [here](#) particularly in relation to gloves and masks.
- **Advising participants to bring their own water bottles and ensure they are labelled or highly distinguishable.** Water bottles or other refreshment containers should not be shared under any circumstances.
- **Advising participants to take their personal kit home to wash/clean between sessions.**
- **BF strongly recommend the use of face coverings in indoor settings** when not engaging in physical activity (unless exempt).

4. PRIOR TO ALL FENCING ACTIVITY

4.1 ALL PARTICIPANTS

All participants – fencers, coaches, officials, volunteers and spectators – should:

- Check for symptoms of COVID-19 before travelling to training. In line with current UK Government Guidance, if an individual is symptomatic and/or living in a household with a possible COVID-19 infection, you should remain at home and follow UK Government guidance. In addition, any participants who have been asked to isolate **by the NHS** because they are a contact of a known COVID-19 case, must not exercise outside their home or garden and must not exercise with others.
- Follow UK Government guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 (found [here](#)) if it applies to them.
- Comply with all public health restrictions and avoid high risk behaviour outside the sports setting to reduce the risk to their fellow participants when you do attend a fencing club or venue.
- Carry out personal hygiene measures before and after fencing activity.
- Bring your own hand sanitiser where possible and maintain frequent hand hygiene measures at all times.
- Follow UK Government guidance on best practice for travel, **including recommendations/expectations in relation to hygiene and use of face coverings on public transport (found [here](#)).**
- Follow BF's guidance in relation to equipment cleaning (found [here](#)). We still recommend that participants turn up with clean equipment and freshly washed clothing.
- Ensure that you are familiar with any instructions issued by the club specifically in relation to reducing risk eg hygiene protocols, use of face coverings, adaptations to sessions etc
- **Ensure that your use of the any changing rooms and toilets adheres to the [latest facility/club guidance](#).**

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- Bring your own water bottles and ensure they are labelled or highly distinguishable. Water bottles or other refreshment containers should not be shared under any circumstances.
- Ensure that your contact details are up to date on the BF membership system and the club records. Membership of BF is a requirement – a free 90-day Introduction membership for new members is now available.
- On arrival ensure that your attendance is recorded (this can be through an online mechanism provided by the club).

4.2 ALL CLUBS - CLUB PREPARATION

- Must have a named Club COVID-19 Officer, which must be registered with BF.
- Must have a nominated Session COVID-19 Officer in place for each session. The responsibilities of a COVID-19 Officer can be found [here](#).
- Must have a Club Risk Assessment including COVID-19 mitigation Action Plans in place to ensure their operations are compliant and in line with legislation and guidance from UK Government /PHE /BF relating to COVID-19. Risk mitigation measures must be put in place and regularly monitored. These must include ensuring that operators, organisers and volunteers are aware of modifications to fencing or the activity structure. The club mitigation Action Plan must be distributed to all relevant personnel, including coaches and welfare officers
- Must ensure those in charge of the session take part in specific Club COVID-19 training, as necessary to deliver the Club COVID-19 mitigation plans identified in your Club Risk Assessment.
- Must ask participants to consider if their underlying health may caution against participation.
- Should make all participants aware of restrictions, protocols and hygiene measures during fencing and whilst on site.
- Should ensure that BF's guidance on equipment usage is followed.
- **Should establish specific quarantining or cleaning and disinfecting protocols for masks/gloves and ensure that all participants are aware of their responsibilities.** Clubs are responsible for ensuring that officials have the appropriate equipment and training to follow protocols. (See [here](#).)
- For clubs that hire venues, they must ask for a copy of the venue risk assessment and confirmation from the venue that they are compliant with current UK Government legislation including legislation and guidance related to COVID-19.
- For clubs that operate their own venue, they must ensure that the facility is compliant with current UK Government legislation including legislation and guidance related to COVID-19. A risk assessment should have been completed and risk mitigation measures put in place and monitored.
- **Clubs should regularly check the local levels of COVID restrictions and update their risk assessments accordingly.**
- All clubs running activities for children should also consult the [DfE guidance on Protective measures for out-of-school settings](#), which sets out the further practical steps providers of community activities, holiday clubs, after-school clubs, tuition and other out-of-school provision for children should follow to minimise the risk of transmission for children attending their settings.
- (Checklists and surveys can be found [here](#))

4.3 ALL CLUBS & COACHES - NHS TEST & TRACE

- **Recommended where practical** to implement a pre-booking system which will enable you to keep attendance records for all attendees - participants/coaches/spectators/officials for a minimum of 21 days. You **should** be able to record who has fenced/coached/participated within your session and collect all information required by NHS Test and Trace. For the latest information in relation to NHS Test and Trace and what your club needs to do in relation to this, please click [here](#).
- BF has an online booking system (Playwaze) available to affiliated clubs (at no cost) which enables you to manage your sessions and information that may be required by NHS Test and Trace.
- **Venue operators may still continue** to display an NHS QR code that visitors, customers and staff **can** scan.

4.4 ALL CLUBS - PRE-ATTENDANCE SYMPTOM CHECK

Clubs should:

- Ensure that all participants and attendees (including players, officials, organisers, volunteers and spectators) are aware of COVID-19 symptoms and the need to self-assess before attending every sporting activity.
- Ensure that any participant or other attendee reporting symptoms does not attend and is directed to follow [NHS and PHE guidance on self-isolation](#).
- Ask participants to consider if their underlying health may caution against participation.
- Make all participants aware of the increase in transmission risk associated with participating in group activity and should ensure that all participants are clear that they are opting to participate in fencing activity.
- Ensure that all participants are aware of any increased risk associated with taking part in the session or sporting activity, based on this guidance and your risk assessment.
- Ensure that all participants are strongly advised to comply with public health restrictions and avoid high-risk behaviour outside the sports setting to reduce the risk to their fellow participants when they do attend.

Sample template checklists and surveys can be found [here](#).

4.5 ALL CLUBS - TRAVEL

- **There are no restrictions on travel for sport**
- Organised sports providers **should** ensure their plans align with the [government guidance on safer travel](#).
- This includes frequent hand sanitisation, good hygiene practices and (especially on public transport) recommended/expected use of face coverings.

5. DURING ALL FENCING ACTIVITY

5.1 GENERAL ADVICE

- All activity must take place in line with the UK Government guidance and venue specific guidelines
- Fencing activity may take place with the few specific adaptations (see below)
- Where at all possible fencers should limit sharing of equipment. If they do, they must do so in line with the BF Equipment Protocols ([here](#)) and should practise good hand hygiene.
- All participants should sanitise their hands prior to the start of the activity and regularly throughout the session if touching any shared equipment.
- Spaces should be ventilated as much as is practically possible.

5.2 MANAGING YOUR SESSIONS

- Your sessions must be managed by the designated session Covid-19 Officer.
- There are no set restrictions on how people can take part in a session, but the decision around the maximum number of people you allow to participate must be risk assessed taking into account factors such as ventilation, reduction in close contact (eg <1m), the health and safety of all your participants (fencers, coaches, club officials etc).
- You **should** use your pre-booking system to manage and keep all records in relation to participation and attendance at your session. You **should** record who has fenced/coached/participated in within your session and collect all information required by NHS Test and Trace (see section above).
- You **should** also keep records of all the club volunteers/coaches/welfare officers/parents/spectators that attend a session.
- More advice and tools to help you run and organise sessions can be found [here](#).

Participating in, and coaching fencing in itself carries some degree of risk and whilst being mindful of the guidelines regarding COVID-19, coaches and clubs should not lose sight of the normal safety rules or safeguarding standards relating to fencing and coaching which continue to apply and must be complied with (DBS, safeguarding, First Aid etc.).

5.3 GROUP SIZES

- From 19th July there are no legal restrictions on how many people can take part in a session however venues and clubs may choose to limit capacity based on their risk assessments.
- Clubs are still required to perform a risk assessment before making decisions on how many people to permit in one session. Decisions on group sizes for your setting should be based on:
 - your session plan (expected movement, use of space)
 - the size or layout of your premises
 - the ability of the participants to avoid close contact (<1m) and practice hand hygiene
 - the age/health/vaccination status of the participants

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- To reduce the risk of transmission within a setting, club can minimise the number of different people each person comes into contact with, for example by sub-dividing sessions.

5.4 ADAPTATIONS SPECIFIC TO FENCING TRAINING

General Points

- Community competitions must be licensed with BF – additional guidelines apply, available on request from BF.
- BF recommends that measures are in place to reduce close contact (<1m) in indoor settings.
- Clubs are advised to consider marking out spaced areas for participants waiting between sparring or lessons and any equipment storage
- Whilst not engaging in physical activity it is strongly should wear face coverings. Face coverings are required in most indoor settings. Although this does not include gyms and leisure centres, some facilities may require you to wear them before or after activity, or in some areas of the building where they are legally required (e.g. a shop).
- No physical contact should be made between participants (handshaking, high fives, touching elbows etc). **The handshaking rule remains suspended.** Fencers should replace the end of bout handshake with a salute at a safe distance.
- Participants should avoid any shouting/screaming/conversing loudly, particularly during 1:1 activity.
- It is recommended that where possible footwork/warm-up exercises are adapted to maximise social distancing and it is recommended that high intensity face to face exercises where participants risk being closer than 1m are minimised.

Adapted Sparring & Lessons

- Where indoor activities include 1:1 lessons and sparring, clubs are recommended to implement a system of temperature checking on arrival.
- There is no requirement to limit the time that a) two individuals spend sparring with each other or b) a fencer is given a 1:1 lesson from a coach. This measure should be considered as part of the overall mitigation plans which form part of the club risk assessment.
- Fleching, close quarter moves and corps a corps within sparring and lessons is permitted subject to a safety/competency risk assessment to be performed by the BF registered coach to ensure that there is sufficient surrounding space and competency levels for the move to be executed safely. The coach is responsible for risk assessing this and, in conjunction with the COVID-19 Officer, agreeing and noting any further mitigation actions (e.g. reduced sparring time, no fleching) on the risk assessment. In BF Licensed Competitions fleching and close quarter moves are permitted.

Fencing Equipment

- Gloves should not be shared during sessions
- Masks may be shared between participants provided there is a disinfection protocol in place (i.e. the mask is wipe with disinfectant after use and is left to appropriately dry)

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- For all other use of shared equipment the most important protocol is good hand hygiene by participants – regularly washing/sanitising hands before, during and after sessions.
- The BF specific protocols around equipment cleaning and sharing are available [here](#).

Face Coverings and Fencing Mask Liners

- Face coverings and mask liners are no longer a requirement when not fencing however venues and clubs may continue to request them in line with their risk assessment.
- BF strongly recommends that in indoor settings face coverings should be used when not exercising/fencing (unless exempt). Individual club/coach decisions in relation to face coverings should be noted on the risk assessment and communicated to all participants.
- Face coverings and/or mask liners are not required when fencing outdoors although individual participants may choose to continue using these.
- Individuals can choose to use face coverings under fencing masks for low intensity training. Participants (fencers and coaches) wearing face coverings should monitor their breathing and heart rate and take regular breaks. Where face coverings are used, coaches should adapt lessons and training to keep physical intensity levels low with frequent breaks.

5.5 OFFICIALS & COACHES

- Club officials are empowered to ensure that COVID-secure measures are adhered to, and to enforce this through appropriate sanctions.
- Officials, coaches, instructors and club volunteers should all observe the organised sport providers guidance in the same way as participants.

6. AFTER ALL FENCING ACTIVITY

- All participants should sanitise their hands after the completion of activity.
- Participants should exit promptly and avoid gathering after a session.
- Where possible, individuals should remove all items of personal equipment and clothing and be responsible for cleaning/washing before the next session (according to the BF guidelines). Where kit absolutely has to be shared or kept together, each person handling it must wash or sanitise their hands immediately after.
- One club representative/volunteer should be responsible for collecting and disinfecting any shared-use equipment in accordance with the BF equipment cleaning protocols.
- Clubs should encourage all participants to report any infection of their household to the NHS Test and Trace system following use of the facility to limit the spread of the virus (section 3): <https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>.

7. ADDITIONAL ADVICE FOR COACHES

- These measures cannot cover every eventuality and coaches must conduct a risk assessment, ensuring appropriate measures are put in place to keep participants and coaches safe.
- Participating in, and coaching fencing in itself carries some degree of risk and whilst being mindful of the guidelines regarding COVID-19, coaches and clubs should not lose sight of the

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normal safety rules or safeguarding standards relating to fencing and coaching which continue to apply and must be complied with (DBS, safeguarding, First Aid etc.).

- Coaches must be on the BF Coaches Register.
- Coaches should make themselves aware of and abide by all guidelines set out by the UK Government, the venue and BF.
- It is the coach's responsibility to ensure that they coach fencers in a safe environment and follow relevant guidelines.
- Coaches should explain the safety guidelines of what is expected pre, during and post session including what participants are expected to do to maintain compliance with these guidelines and all related health and safety guidelines.

8. SAFEGUARDING

- All Clubs must have a trained designated Welfare Officer in place (see [here](#)) to ensure safeguarding requirements are met.
- It is very important to be aware of, and to focus on, mental health and well-being at times of uncertainty. Remember that many of your members may have been through a difficult period and need reassuring on their return to fencing.
- Clubs/Fencing activity providers must ensure that 'in loco parentis' welfare procedures for U18s are up to date, especially if parents/guardians are unable to stay for the session.
- Parents or other adults who are not acting in a supervisory role are considered to be spectators and should follow any restrictions on spectators.
- Fencing activity providers should have procedures in place so that all spectators are aware and follow the rules (eg around hygiene, face coverings, social distancing) to reduce the risk to themselves and the other participants.

9. INJURIES & EMERGENCIES

- Injuries should still be treated, as participant safety is of the utmost importance. Physios and other medical personnel should take care to protect themselves and others through rigorous cleaning and personal hygiene, including increasing the frequency of cleaning and disinfecting equipment and surfaces. Face coverings should be worn by both medics and patients, where this is possible and practical.
- After contact with an injured participant, physios and other medical personnel should clean their hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact or the minimum social distancing was maintained. They should also avoid touching their mouth, eyes and nose.
- Physios and medical personnel should keep a record of each participant they have come into contact with, to support NHS Test and Trace (advice set out above in the section on NHS Test and Trace may be helpful). Records should be kept for 21 days and then destroyed. Those working at a sport event should familiarise themselves with the guidance for first responders, in case of emergency situations.

10. SANCTIONS FOR NON-COMPLIANCE

(adapted directly from the government guidance)

Indoor sporting activities are permitted in part because of the benefits of sport and physical activity for people's physical and mental wellbeing. If people act irresponsibly when participating in sport (including off the piste, and when socialising before and after any activity) they jeopardise public health and undermine the case for safe organised sport to take place.

It is the responsibility of National Governing Bodies such as British Fencing to ensure that clubs are running activities safely and take action to address any issues. BF reserve the right to suspend the membership or affiliation of any clubs, coaches or members who do not adhere to guidance. Clubs are also empowered to take action against participants that do not adhere to guidance including suspension from the club.

It is our recommendation that, rather than relying on sanctions (which should be underpinned by documented club disciplinary procedures), clubs educate and inform their members and as part of the session sign-up forms ask participants to agree to the COVID-19 mitigation protocols as set out by the club.

11. INCLUSION

Remember, some fencers may need additional support or adaptations to support their participation. Further guidance is available [here](#). Your Welfare Officer should consider the needs and risks of your participants as part of your risk assessment.

12. FURTHER SUPPORT AND GUIDANCE

These guidelines are accurate at the date of publication but are subject to change in line with government guidance. Keep checking www.britishfencing.com for the latest version and supporting tools and information.

13. DISCLAIMER

Please note that the subject matter covered in this guidance is in no way exhaustive and the material does not stand on its own nor is intended to be relied upon as a substitute for obtaining specific legal advice. Individual circumstances will differ. The information contained in this guidance is given in good faith but any liability of British Fencing or its professional advisors (including their respective members or employees) to you or any third party which may arise out of the reliance by you or any other party of the contents of this guidance is hereby excluded to the fullest extent permitted by law. British Fencing and its professional advisors accept no duty of care or liability for any loss occasioned, whether caused by negligence or otherwise, to any person acting or refraining from actions as a result of any material in this guidance.

14. APPENDIX A - PISTE LAYOUT

Clubs and coaches must consider and document the layout of their pistes and equipment as part of their risk assessment. Clubs can choose to adapt the length, width and spacing of their pistes in consideration of the following factors:

- Standard (pre-covid) safety measures eg position of ground leads, boxes, walls bags etc in relation to fencing activity.
- Available space
- Areas required for safe movement avoiding close contact (eg entry, exit, piste access)
- Competency levels of participants,
- Roles and requirements of any coaches/referees/other volunteers
- Provision of space for those individuals who are not engaged in the activity to avoid any crowding/close contact situations. Particularly in relation to people standing at ends of pistes or queuing for sparring. It is strongly recommended that clubs have protocols in place to prevent over crowding around the edge/ends of pistes.

As a reminder during any 1:1 fencing activity (lessons, sparring, 1:1 technical training) there must be a clear space around the piste area being used for safety purposes.

15. APPENDIX B - ADVICE FOR FENCING CLUBS OPERATING THEIR OWN FACILITIES

- Prior to re-opening, club representatives should ensure that their facility is compliant with current UK Government legislation including legislation and guidance related to COVID-19. A risk assessment should have been completed and risk mitigation measures put in place and monitored.
- On any day of the activity, club representatives and volunteers should ensure that all COVID-19 measures are in place according to the club operating and safety plans - developing your own 'opening up checklist' is helpful for this. This should include:
 - Set-up of public health operating procedures and access signage.
 - Set-up of any equipment (e.g. boxes, spools) and floor markings
 - The duty of care which the club already owed remains and therefore other matters such as First Aid must continue to be provided. First Aid equipment (including AEDs where available) and suitable PPE for First Aid must be made available. Advice on First Aid during the COVID pandemic is available from St John Ambulance.
- Clubs should make hand washing facilities and/or hand sanitiser available for all site users.
- Clubs must ensure that all accessible provision within the site and the facility are available.