



Dear British

Welcome to the November 2020 edition of the Coach Digest, with the latest updates, articles and news from our Coaching Development Team.

## COACHING NEWS

UK Coaching has launched a toolkit and digital badge to help facilitate good coaching standards. [The Duty to Care Toolkit](#) will be available from UK Coaching's website and has come to fruition following extensive consultation and support from a range of partners, including Sport England, and coaches across the UK.

Sport England launch a new fund to give additional help to the sport and physical activity sector. [The Return to Play Fund](#) will support groups, clubs and organisations who've been impacted by restrictions brought in to tackle the disease, and is part of our overall response to the crisis that now includes more than £220m of funding. [Click Here](#)

### Return To Play

Sport England - As England begins a new period of national restrictions, the days and weeks ahead will be challenging for everyone involved in grassroots sport, as well as in all the activities impacted by the new restrictions. [Click Here](#)

Sport Wales - Some changes to the Welsh Government's coronavirus regulations will come into force on Monday 9th November. Following the national firebreak, the regulations include updates on sport, recreation and leisure. [Click Here](#)

### Return To Fencing

British Fencing - Return to Fencing FAQ's Update. The restrictions refer to exemptions for elite athletes? I've fenced for GBR, does that mean I can claim the exemption? [Click Here](#)

Scottish Fencing - There has been a flurry of activity but the new guidance incorporating government levels 0-4 for local authorities is available [here](#) - whilst a lengthy document, the key table for your consideration is Table B which is the SF and sportscotland interpretation of the government guidance. [Click Here](#)

## British Fencing Coach Register

The BF Coach Register is moving towards a new online system. Coaches will undergo a transition period while the new Coach Register is put in place. The new system will have search filters and other additional features. [Click Here](#)

BF publishes a 'how to' guide for BF Registered Coaches, describing how to create a Coach Profile for the new BF online Coach Register, ahead of the transition to the new system in 2021. [Click Here](#)

Anatomy of a Coach Profile. We take a look at James Williams' coach profile as a good example of how to create your coach profile on the new online coach register. [Click Here](#)

### COACH SEARCH

Coaches that have met the **required standards** and have uploaded their evidence to their online profile via Sport80 can be found here. Search by name, region or postcode to find a coach near you. Click on the coach's profile to learn more about their coaching focus, professional development and philosophy.

If you are a registered coach, your profile appears here if you give permission for the locator and have completed the required sections in your Sport80 profile. For help please email [development@britishfencing.com](mailto:development@britishfencing.com)

The screenshot shows the 'COACH SEARCH' interface. At the top, there are three input fields: 'Name' (with a placeholder 'Name'), 'County' (with a dropdown menu set to 'All'), and 'Postcode' (with a placeholder 'Enter Postcode'). A red 'Search' button is centered below these fields. Below the search form is a map of Europe with several red location pins. Underneath the map are four coach profile cards, each with a small profile picture and the coach's name and distance: Oliver Bickley (40 miles), Helen Solly (64 miles), Timothy Miles (69 miles), and Peter Ellinger (77 miles).

## COACHING ARTICLES

Canadian Journal for  
**Women in Coaching**



### Understanding Coach Performance: The Impact of Passion By Donna Harris

Let us accept the definition of passion as “a strong inclination toward an activity that people like, that they find important, and in which they invest time and energy.” [Click](#)

[Here](#)

## Improving your Training and Development. What you can USE.

There are a number of simple strategies that you can USE to change/adapt and improve.... [Click Here](#)



## Losing Sight of the Invisible.

Talent Development Programmes are often pictured as a pyramid and by the very structure are based on a reductionist approach, often described as a “kick out culture”. This with the aim of providing the most.... [Click Here](#)



# BF COACHING FRAMEWORK

## Ethical You - Developing Your Philosophy of Coaching

BRITISH  
FENCING

HONESTY  
RESPECT  
EXCELLENCE

## Introduction to Coaching Fencing

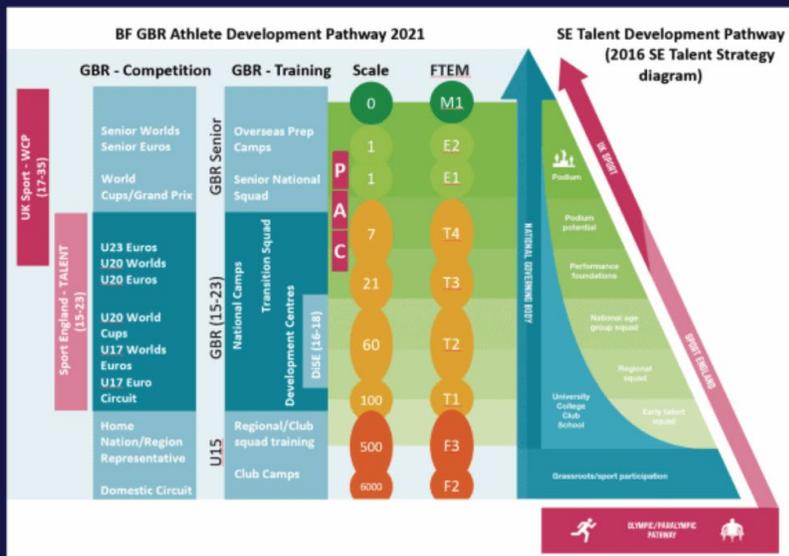
The development of a coaching philosophy is a way to set expectations for the coach and the athlete. A coaching philosophy is a coaching tool to help guide coaches in their process of coaching. [Click Here](#) to start to develop your coaching philosophy.

# ATHLETE DEVELOPMENT PROGRAM

## Athlete Development - A Strategic Overview

After UK Sport's decision in 2016 to end Fencing's World Class Programme funding, the Board of BF reviewed our strategy around delivering success at the highest levels of our sport. To download [Click Here](#)

# FENCING: ATHLETE PATHWAY CONTEXT



One connected pathway, one connected programme, supported by multiple income/funding streams

DISE, Sport England Talent, Charity donations, Patrons, Sponsorship, UK Sport (Aspiration, MSP etc)

## Pathway Standards

Familiarise yourself with the Talent 1 & Talent 2 BF Pathway Standards.

For more information [Click Here](#)

## October ADP Camps

On 17th and 18th October 2020, BF's Athlete Development Programme hosted its fourth virtual training camp. 150 athletes joined in for 40 online sessions For more information [Click Here](#)

## December ADP Camps

On 28th-30th December 2020, BF's Athlete Development Programme will hold its fifth virtual training camp. For more information [Click Here](#)

# SAFEGUARDING

## Club Welfare Officer Training - New Date Announced

The BF Welfare Officer training meets the same requirement as 'Time to Listen'

Welfare officers should have attended Safeguarding and Protection of Children before doing BF Welfare Officer training.

BF Welfare Officer training needs to be redone every 3 years.

Saturday 14th November - 9:00 - 12:00 - BF Welfare Officer Training

Wednesday 18th November - 18:00 - 21:00 - BF Welfare Officer Training

For bookings please contact [equality@britishfencing.com](mailto:equality@britishfencing.com)

### **On-line Safeguarding and Protecting Children Course**

BF is now taking bookings for the new Online Renewal SPC Course which starts on 20th October, 2020. Certificates are approved for the BF Registers.

For more information [Click Here](#)

Do you have a concern about a young person in fencing? If so, report it. Safeguarding is everyone's responsibility. [More information here](#)

The NSPCC has created new resources to help adults respond to a child who raises a concern. [More Info](#)



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