

Job Description

Job Title: Sabre Coach – Leon Paul Project

Location(s): Leon Paul Fencing Centre

Role Objective:

Reporting to the Head of Performance/Lead Sabre Coach, the Leon Paul Project (LPP) Sabre Coach will assist the LPP team in the development and delivery of the Leon Paul Project sabre programme. In addition, the LPP Sabre Coach will work with the Head of Performance and Coaching team to develop a pipeline of World-class potential youth, cadet, and junior sabre fencers to feed into the senior programme.

The LPP is a comprehensive High Performance Programme, founded by Leon Paul Fencing in September 2021, and the sabre group has a membership of approximately 30, with many of the UK's senior and junior team training 4-6 times per week at the Leon Paul Centre. Running alongside the HP Programme is the Leon Paul Academy for youth fencers, and a schools programme.

This is an exciting role, with scope for future growth, and success at the highest level.

The role is full-time employed, with statutory paid holidays, sick pay, a bonus scheme, access to the Leon Paul gym, and provision of specialist coaching equipment.

Key Responsibilities: (list key tasks, responsibilities, deliverables etc.)

Delivering training sessions and camps

Planning and liaison with the Lead Sabre Coach, the ability to deliver a range of physical warm-up and cool down exercises, technical and tactical footwork sessions, technical and tactical fencing exercises and scenarios, and to manage a large group of accomplished sabre fencers who compete at all levels from youth domestic to senior World Championships

• Delivering one-to-one lessons

Experience of coaching to a high level, with strong fundamental technique and an understanding of international sabre tactics. The ability to adapt to the style of fencing required by the Lead Sabre Coach, whilst maintaining a creative approach to training

Delivery of school, youth, and development training

As part of the role's objective in developing a pipeline of youth, cadet and junior fencers, the role will require the ability to deliver safe, engaging and effective school and youth training sessions, and one-to-one lessons. A key requirement will be establishing fundamental technical and tactical skills and instilling a love of the game in new fencers. The successful candidate will work within the school performance programme, as well as delivering development training sessions at the Leon Paul Centre

Competition coaching

The sabre coach will attend domestic and international competitions to support the LPP

fencers and Youth Academy fencers, and must have a strong piste-side presence, the ability to communicate tactical ideas clearly and concisely, and a professional demeanour.

• Planning and administration

The coach will assist the Head of Performance, S&C Lead Coach and other support staff in planning the fencers' seasons, logistical and event planning for competitions and training camps, and other administration tasks as required.

Knowledge, Skills & Experience:

- A strong background and proven track record in sabre coaching, with ambition to achieve high-level results and develop athletes over a long period of time from a young age through to international level
- A sophisticated understanding of sabre tactics and international trends, and a track record of delivering lessons and training to international level
- Ability to deliver 1-to-1 lessons which address the individual needs of a range of fencers
- Ability to work as part of a team, and a strong work ethic
- Highly motivated with a positive attitude
- Good communication skills and able to exercise both diplomacy and be assertive when required. Ability to communicate in excellent English
- Ability to work independently, multi-task and exercise good judgement at all times
- Computer literate, with understanding of Microsoft Office software (especially Word and Excel)
- Experience of delivering para-fencing coaching and training is preferable

Educational Qualifications:	
Minimum academic level required:	None required
Ideal academic level preferred:	None required
Professional Qualifications:	Minimum Level 2 British Fencing coaching qualification or overseas equivalent
MINE D	

Mobility Requirements:

Must hold a full driving license

Additional Specifications / Comments:

This job description is not intended to be an exhaustive list of duties to be performed by the employee. This job description may be altered to reflect the needs of the Leon Paul Project and the company as a whole

Salary Range & Additional Benefits:

£29,000-£33,000 plus bonus scheme